## What's Inside?

Contents Page	No.
FOUNDER'S NOTE	2
My Ally - A Book Review	2
ART CORNER	
THE ELECTRIFYING EXPERIENCES OF SUMMER TIDE	
A Silver Lining To This Summer	4
Dish I Made During Summer	4
How To Beat The Summer Heat	4
My Cool Summer Vacation	5
An Architectural Marvel	5
Fruits To Beat Summer Heat	5
INGENIOUS POEMS/POETRY - ECHO OF EMOTIONS	
Palmyra Nectar	6
Summer Solace	
• தந்தை	6
CELEBRATIONS @ MANTHAN	
Amritotsav 22-23	7
Balasore Train Tragedy	
CTUDENT EDITORS	0

## **Founder's Note**

Summer is the time off from a gruelling school schedule. Who does not look forward to summer vacations? A lot happens during these days: even 'simply staying at home' with a book for company is a much sought after activity for some people. The more adventurous amongst us plan in advance for a trip - it could be a hill station, a temple or an ancestral home located in a small town or village - producing memories that remain etched forever. Elderly members of family look forward to summer holidays to reconnect with their sons, daughters and grandchildren. Several children enroll themselves in summer camps to pursue activities of their interest. Manthan children seemed to have had a wonderful time this summer, discernible from the submissions collated by the class 11 children for the present issue of the e-magazine. Let's take a look at what our children busied themselves with, during this summer.

> - Geetha Narasimhan Principal

### My Ally - The Book That Helped Me Conquer Boredom This Summer

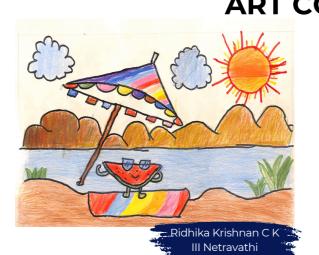
I decided to plunge into the deep waters of Dan Brown's The Da Vinci Code this summer.

Every single thriller book I have read so far, very soon puts the reader on edge by setting everything on fire, making the protagonists race against time. The book revolves around the adventures of Robert Langdon in search of a powerful secret well-kept from the time of Christ.

This particular twist-a-minute page turner has its readers glued to their seats as Brown weaves the labyrinthine world of Robert Langdon, the book's protagonist. It is awash in impeccable detail, for which Brown should be profusely lauded.

I would recommend it to any reader experimenting on their choice of read.





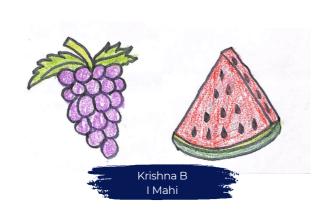


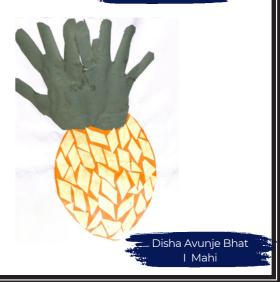












# The Electrifying Experiences of Summer

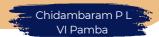
### **A Silver Lining To This Summer**

Summer vacations are times when school temporarily recedes into the background to be taken over by activities that bring us joy as well as new learning. We have scorching summers in Chennai. To have a few rainy days during summer maybe a surprise but also a relief from the soaring heat of the sun. To have received some showers this summer was pleasant. Rain drops perched on plants, the chirping of several unidentified birds gives us a pleasant feeling. The petrichor and the sound of rain on the roof soothes our souls. Rainy days are those rare occasions when we can look away from our gadgets and appreciate nature in all of its splendor. Few people cannot resist running to their balconies to smell the rain. The rains bring new life to the environment. The trees look green after the rain, and the environment seems pretty different. Every cloud has a silver lining and everyone finds some joy when it rains. Poets sit near the window and capture nature with beautiful phrases and note them in the pages of their diaries. Birds start fluttering their feathers after they get a cold shower after spending days under the scorching sun. All these are beautiful but rare encounters we get to notice when it rains during summer. This summer was particularly amazing for me to be able to witness such splendid sights of Mother Nature.



#### THE DISH I MADE DURING SUMMER

One of the dishes I learnt to make during the summer holidays was paneer butter masala. One day I was so bored, I asked my mother what she had planned for breakfast, when she replied that she would make paneer butter masala, excited, I asked her whether I could help her; surprisingly she agreed which made me very happy. I then started making the dough only to realise that I had poured a lot of water, leading to the dough becoming soggy. Therefore, I dropped it into the dustbin and made a second one which turned out good and with that I made the chapathis. My mother organized all the ingredients needed for us to cook the dish. Then I added the ingredients into the mixer grinder and made a paste but by mistake I spilt it so, it took another 30 min but we finally made the dish. Notwithstanding the blunders, the panner butter masala turned out to be amazing



#### **HOW TO BEAT THE SUMMER HEAT**

• ·Hydrate! Hydrate! Hydrate!

Hydration is important for good overall health. We should make sure to drink enough water

Keep your room cool without A/C

Place a shallow bowl full of ice cubes in front of a fan, to create a cool breeze. Just be sure to place a plate under the bowl to catch any droplets of water.

Get wet!

By joining any indoor activities like badminton and/or swimming we can sweat a lot and let heat escape our body.



### **SPENDING SUMMER**

### **My Cool Summer Vacation**

This hot summer, I spent my vacation in Pondicherry at my grandparent's house. My parents decided to enroll me in a swimming class. On the first day I was excited to go and see the pool. My parents purchased swimming costume, cap and goggles. There were many kids of my age learning swimming. I got a little nervous when I entered the pool but my coach encouraged me and soon I became comfortable and started learning to swim. My mother said, "Interest in anything can bring success", my interest in swimming grew day by day and soon I learnt all breathing techniques well and started swimming with confidence. A week after, I started learning freestyle swimming. I was happy to learn new swimming styles. It is a good exercise I think it's the best way to beat the heat of summer. I intend to continue with swimming not only to overcome summer heat but also to keep myself healthy.





# An Architectural Marvel The Pratapgad Fort of Mahabaleshwar

During my vacation I visited Mahabaleshwar; a hill station in Maharashtra. This place is famous for its juicy strawberries and has many tourist attractions.

This fort was built by the great king Shivaji Maharaj, it was built to defend the banks of Nira and Koyna river.

The staircases were constructed so that horses can easily climb up. The walls of this fort were high helping stop canon balls entering the forts door. Holes on the top of the wall were used to pour hot water or fire canons on enemies. There was a small underground passage dug around the fort which was used to attack from behind or escape. There are four watch towers here. One of which was used to capture traitors and punish them.

#### **DID YOU KNOW?**

The strawberries were brought from the Australian region during the British colonial rule.

Mahabaleshwar is a vast plateau measuring 150 kilometers. The height of Pratapgad fort is 344543 feet above sea level.

Vidhushi V VI Bhartapuzha

#### Fruits to Beat Summer Heat

During summer we dehydrate very easily. To beat summer heat, we have to drink a lot of water and eat juicy fruits. I ate water melon, mangoes, grapes, oranges and ice apples. My family and I prepared an interesting recipe- mixed fruit sandwich. I found the recipe in the magazine named *Magic Pot*. I enjoyed the sandwich.



# **Ingenious Poems Poetry - Echo of emotions**

#### **PALMYRA NECTAR**

The wrath of the sun beats down on my head The parched throat yearns for water, unsaid My eyes scan the never-ending roadway To beat my infinite thirst away There on the curb sits a shop, small I don't hesitate to halt there at all Blessing the vendor, I amble into the shack Looking tantalised at the mounds of black The simple man smiles at me and reaches for his sickle Heaving a sigh, I look longingly at the water's trickle Adept at the art, he slices through the fruit with ease In the noon's sun, the tongue is easy to appease He scoops out the white jelly into a leaf boat He hands it over and I slide it into my dry throat The juice gushes out of its slippery casing To satiate the infinite thirst of my mouth, close to withering Refreshed I come back for more Sure that I have sighted Paradise's door And so I obliterated my thirst And defiantly resisted the sun at its worst







#### **SUMMER SOLACE**

Though beauty lies in all, comfort is sought only from few,
Though the eyes crave for the serenity of the petrichor, the heart yearns for the warmth of the summer.
Summer mornings with the daylight gleaming through, transforms the sky into a canvas flecked with golden hues, making its way to seamless ocean, to seek comfort, to rest its weary soul.

### தந்தை

தெரியும் தெரியும் நீ எனக்காக உன் கனவை மறந்ததை தெரியும் தெரியும் உடம்பு சரியில்லா போதும் நீ உழைத்ததை தெரியம் தெரியும் நீ என்னை அடித்த போதெல்லாம் நீ உனக்குள்ளே அழுததை நான் கீழே விழுந்த போது எனக்கு எழுந்திருக்க தெரியாமல் போய்விடுமோ என்று எண்ணிய நீ என்னை தூக்கிவிடவில்லை

நான் வெற்றி பெற்ற போது எங்கே எனக்கு தலைகனம் ஏறிவிடுமோ என்று நீ என்னை பாராட்டவில்லை

தெரியும் தெரியும் இவை என் நன்மைக்கென்று தெரியும் தெரியும் இதில் எனக்கு தீங்கில்லை என்று. இவர் ஒருவர் தான் மனதில் அன்பை வைத்து வெளியே எதிரிபோல் இருப்பவர் " தந்தை சொல் மிக்க மந்திரமில்லை

தந்தை போல் சிறந்த மனிதருமில்லை"

Sanjana L.S X Trisul







# **Amritotsav 22-23**

Our school's 19th Annual Day, one of the most awaited occasions, was nothing less than a vibrant festival. With distinct genres of songs and skits, all the children of our school were immensely excited to exhibit their talent on the 7th and 8th of April 2023. I strongly believe that it was a golden opportunity, not only to enjoy but also to showcase our skills in acting and dancing. Some students even got to work in the visual and sound editing department which work was appreciated by many parents after the event. We, the current class 10 students, had a chance to compère for the annual day. Hardly did we know then, what an awesome prospect it was to bolster our vocabulary and intonation and conquer our stage fear. Although speaking in front a huge crowd was quite nerve wracking, I managed to successfully pull it off on the day of the fest. It was not just me, but the entire school which accomplished this with the guidance of our teachers.

Coupled with the stage practices, it allowed us to strive for perfection and coordination in our respective events. The songs that were selected celebrated the unity in diversity that our country, cherishes. Furthermore, the skits effectively portrayed real-life scenarios and current affairs understandably. I personally liked the tamil drama which depicted the difficulties when an event is to be organised. Watching my friends performing on the stage and encouraging them brought me another level of excitement. On the whole, I believe that the annual day celebrations are a

fun-filled learning experience for every member of our school.







Akshatha B

X Trisul

# **Balasore Train Tragedy**

The Balasore train tragedy in India has triggered debates on politics, safety, and technical development in the country. The incident, considered the worst accident of the century, resulted in a high death toll of 288, with around 1,200 injured and only 30 individuals rescued. The cause of the incident was identified as a glitch in the electronic interlocking system, diverting the Coromandel Express onto the wrong track, where it collided with a stationary goods carrier. This collision led to the derailment of 21 compartments, which further collided with the Howrah Express on an adjacent track. Rescue efforts were promptly launched, but the damage had already been extensive. The tragedy soon became a political issue, with opposition parties calling for the resignation of the railway minister and criticizing the safety measures in place. The identification of the deceased proved challenging due to the severe disfigurement of many bodies. Al technology and specific identification methods were utilized with some success. Despite the sombre situation, there are positive aspects to note. Citizens demonstrated social responsibility by donating approximately 2,000 liters of blood overnight to assist the injured. The government has initiated investigations to determine the cause of the incident and explore ways to prevent similar tragedies in the future. The Commissioner of Railway Safety (CRS) has recommended Standard Operating Procedures (SOPs) for signaling modification work following the incident. It was revealed that "lapses at multiple levels," including the supervisory staff in the signaling and telecommunication wing of the railways, contributed to the accident. Additionally, the implementation of safety systems like "kavach" could potentially mitigate such incidents, a thorough investigation into the specific cause is crucial to fix responsibility and accountability. In conclusion, the Balasore train tragedy has alerted us to the fact that investment in safety measures have to go hand in hand with introduction of new and faster trains.



### **EDITORS OF THIS EDITION**

LALITHAMBIKAI SATHYA SOOHASENE

SREE RITHIGHAA

**SWETHA** 

**SNIGDHA** 

**VISAKA** 

### **GUIDED BY**

SARATH VIKRAM B
PADMINI SWAMINATHAN
AISHWARYA GANESH

# We,

the students of Class 11...

are elated to have had the opportunity to work on

## Anveshanam [V03E01]

We are appreciative of our seniors and teachers for helping us on this educational trip. We have learned important lessons from this engagement that will help us as we grow holistically. We have tried our best to bring out our schoolmates' diverse abilities, and we'll keep finding new methods to highlight their hard work.

# **ANVESHANAM**

अन्वेषणम means "to seek" in Sanskrit. We, the developers team, seek for the creativity in children.